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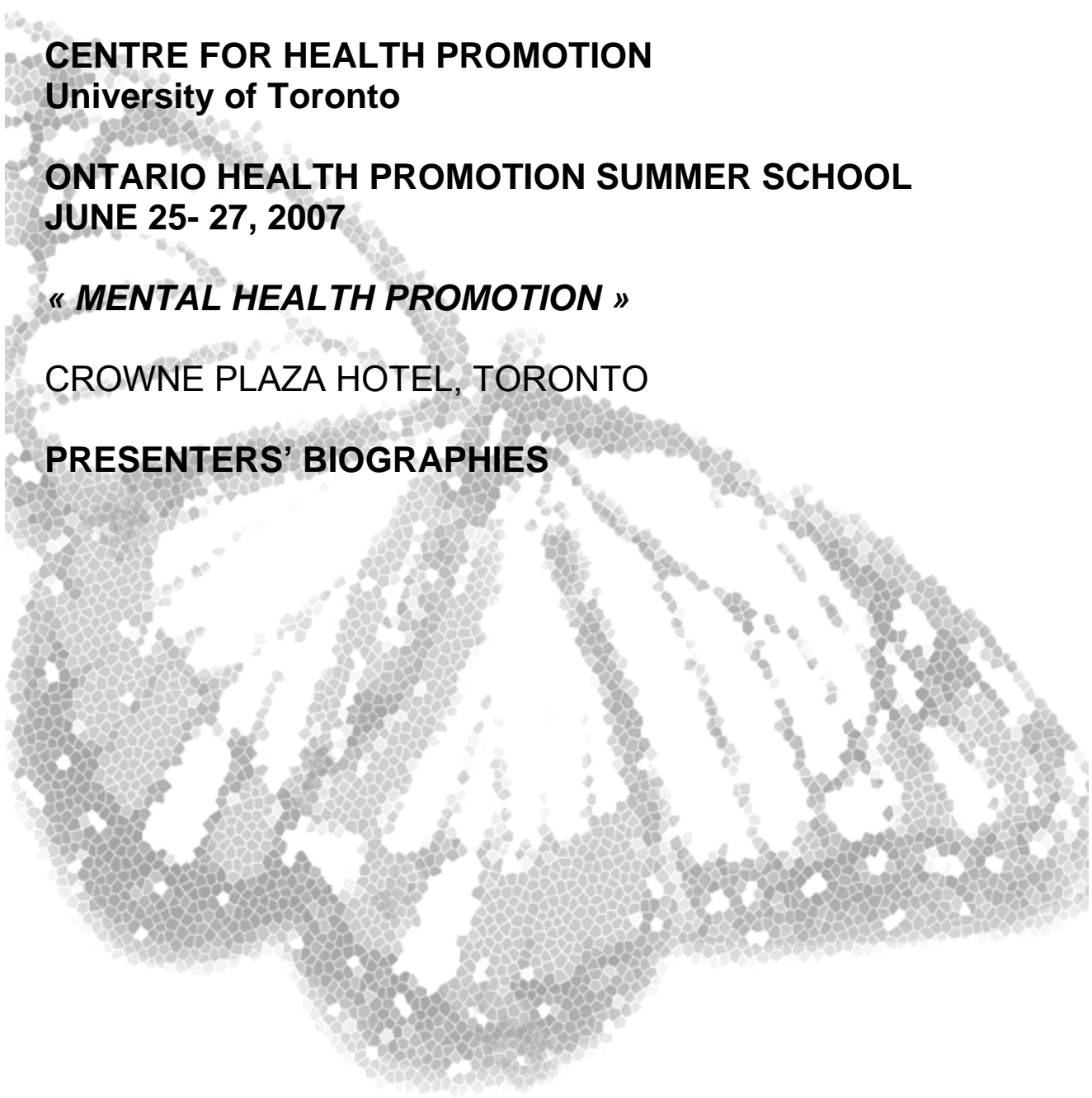
CENTRE FOR HEALTH PROMOTION
University of Toronto

ONTARIO HEALTH PROMOTION SUMMER SCHOOL
JUNE 25- 27, 2007

« *MENTAL HEALTH PROMOTION* »

CROWNE PLAZA HOTEL, TORONTO

PRESENTERS' BIOGRAPHIES



DREAM TEAM

The **DREAM TEAM** is a group of psychiatric consumer/survivors, and family members who advocate for more supportive housing in Ontario for people with mental health issues. They demonstrate the life-altering benefits of supportive housing by telling their stories to politicians, community groups and institutions.

YOUNG SPIRIT YOUTH DRUM & SWEET GRASS SISTERS HAND DRUM GROUP

Throughout 2005 and 2006, over 18 students from three different Secondary Schools in the City of Hamilton, were given the opportunity to participate in the teachings of both the Traditional Drum and Hand Drum.

Under the guidance of Rod Nettagog, Ojibwe of the Bear Clan of Henvey Inlet in Northern Ontario, and the Aboriginal Youth Advisors, Brandon Hill, Melissa Cabezas, and Stephanie Skye, these dedicated students have developed their skills and talent in traditional singing and drumming. These gifts have dramatically influenced their self-esteem and confidence which brought them together in regaining their culture through song, dance and the art of traditional regalia.

This past summer, the students came together with Bill Russ, Traditional Drummer of the Barochaw Bay Drum Group and student Mentor, to build their own Drum. They successfully secured funding for drum materials by developing and submitting their own proposal to the Hamilton Community Foundation.

The Young Spirit Youth Drum and the Sweet Grass Sisters Hand Drum Group beats strong today to reach out to communities and shares in celebrating the gift of life in a unified vision for peace and healing.

BRANKA AGIC

Branka Agic is the Community Health and Education Specialist with the Centre for Addiction and Mental Health in Toronto. She received her Masters of Health Science degree in Health Promotion at the University of Toronto and her Medical degree from the University of Sarajevo, Bosnia & Herzegovina. She has extensive experience in research, needs assessments, program planning and community development with diverse communities. Her primary interests are cultural perceptions of mental illness and addictions and best practices in community education for people from different cultural and linguistic backgrounds.

HEATHER CAMPBELL

Heather Campbell is the Chapter Director for the NCBI-Sudbury Chapter. She has been involved with NCBI since 2000 and has co-lead many workshops in Ontario, Manitoba and Alberta. She has expertise in aboriginal/non-aboriginal relations, stigma of mental illness and working with young people. She holds a B.A. in Sociology from York University.

ANNETTE CHRÉTIEN

Annette Chrétien est native de Sudbury, en Ontario. Elle a obtenu un doctorat en ethnomusicologie de l'Université York en 2006. Ses recherches portent sur la question des identités métisses contemporaines surtout dans les provinces de l'Ontario et du Québec. Son travail s'inspire de ses études, mais aussi de ses expériences comme femme métisse, et musicienne. Annette occupe actuellement le poste de chercheure au Musée canadien des civilisations à Gatineau, au Québec.

CONNIE CLEMENT

Connie Clement is Executive Director of the Ontario Prevention Clearinghouse/centre ontarien d'information en prévention, Ontario's leading bilingual health promotion organization. Connie has a 30-year track record in public, community and women's health. Prior to joining the Ontario Prevention Clearinghouse in 2000, she was Director of Toronto Public Health Planning & Policy. Connie is chair of the Advisory Board to the Centre for Health Promotion (University of Toronto) and interim chair of the National Advisory Committee to the National Collaborating Centre – Determinants of Health. She stepped down as chair of the Ontario Chronic Disease Prevention Alliance in early 2007. Connie has made her career in health and health promotion because she believes that health is the most central motivator for positive social change.

WALTER J. COOKE (STAR WATCHER)

Walter J. Cooke (Star Watcher), Elder/Counsellor, Ojibway-Cree of the Bear Clan presently resides in Winona, Ontario and was originally born in Berens River, Manitoba. He works as an Elder/Counselor for De dwa da dehs nye>s Aboriginal Health Centre in Hamilton, Ontario. Walter has been doing traditional healing work for approximately 20 years. His teachings come from listening to elders and in large, from his own way of life and that of his parents. He is from the Ojibway – Cree nation and is from the Bear Clan. Walter facilitates a Healing Journey Program at the Aboriginal Health Centre. He obtained his counseling certificate through Mohawk College.

Walter has also been involved with the 'Outdoor Adventure Camp', a community health initiative offered by the Aboriginal Health Centre's Health Promotion and Education Services. At camp, he provides cultural teaching/story telling to youth and parents and begins each day with a Sunrise Ceremony. He has also been involved with many Aboriginal Agencies/Organizations in Hamilton in addressing their own healing journeys.

MICHELLE CURRIE

Michelle Currie is a graduate of the Masters of Education program at OISE/UT. Her background includes ten years of poetry writing and eight years of instrumental music performance. Her other interests include environmental education, peacebuilding, meditation, and wellness promotion.

JOSIE D'AVERNAS

Josie d'Avernas is President of Health Promotion Consulting, a Kitchener-based consulting company specializing in training, research and evaluation in health promotion. Josie has worked in various aspects of tobacco control programming and evaluation for over 20 years. One of her major projects is working with the Program Training and Consultation Centre, a resource centre of the **Smoke-Free Ontario** Strategy funded by the Ontario Ministry of Health Promotion.

Josie has a Master of Science degree in Health Studies from the University of Waterloo. She has planned and delivered numerous workshops at the community level, and has done presentations and training sessions at the provincial, national and international level.

KAREN DAVISON

Karen Davison, PhD (C), Certified Health Education Specialist, Registered Dietitian, is currently completing her graduate degree in the Department of Community Health Sciences at the University of Calgary. In May of 2007, she will be starting a CIHR Strategic Training Fellowship in the Faculty of Health Sciences at Simon Fraser University. Her research focuses on the determinants of lifestyle choices in individuals with mental illnesses and strategies to overcome barriers to mental health practice. Karen also instructs in the areas of nutrition, health and human studies, as well as alternative therapies.

Karen has worked in the field of mental health and health promotion for over 15 years in various capacities including community psychiatry, eating disorders, developmental disabilities, intermediate and extended care, and community development. She completed a Master of Science in Community Health in 1999 and obtained certification as a Certified Health Education Specialist in 2001. Currently, she is the national co-chair of the Dietitians of Canada Mental Health Network and is the Dietitians of Canada Representative for the CCMHI. She was the project lead on the development of the CCMHI's toolkit, The role of dietitians in collaborative primary health care mental health programs and was part of the team that developed **A Mass Media Addictions Awareness Campaign Communications Plan for the Northwest Territories** as well as another project examining **The Feasibility of Hostel-Based Social/Economic Enterprises**.

JEFF DESMOULINS

Jeff was elected to the position of Chief over a year and half ago. Prior to being elected to position of Chief, he worked at the Battle Mountain Gold Mine for 22 years. He is married with four children, two young men and two young women, and one grandchild.

Jeff's aspirations lie in the healing of our communities. He says "Children don't get to vote, so we must turn to our own accountability. Focus must be placed where it should be - we must believe in our youth and listen to them.

Jeff believes that in changing the youth's perspective from negative to positive, by being good role models, by believing in them and acknowledging what they say we can transform their ideas into healing programs for their benefit and their peers. And so, we will have good leadership for the future. Miigwetch.

MANUELA FERRARI

Manuela Ferrari is currently an international doctoral student under the supervision of Dr. Gail

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McVey and Dean Harvey Skinner. In 2006 she received her Master's Degree in Public Health Sciences in Health Promotion at the University of Toronto.

Her research interests include the examination of ways to enhance the cultural competency of prevention programs by conducting research with various ethno-cultural groups. She has spent the last three years working within a rich clinical research environment at the Hospital for Sick Children with the Community Health Systems Resource Group Department. She assisted Dr. Ross Hetherington with the development of an international Online Health Centre designed to provide parents of seriously ill children with updated information about support, treatment and recovery (www.aboutkidshealth.ca). In addition, Manuela assisted Dr. McVey with the development of a web-based study in the area of school-based health promotion (www.aboutkidshealth.ca/thestudentbody).

Manuela's research focuses on newcomers to Canada. Particularly immigrant parents of elementary school children. She is particularly interested in finding out if there are unique practices or trends in health promotion behaviours among these immigrant parents as this would have implications for prevention work.

Throughout her doctoral studies, she plans to apply the Participatory Action Research Methodology to the development and implementation of an online health promotion program designed to help prevent weight-related disorders.

PAUL-ANDRÉ GAUTHIER

Paul-André Gauthier est professeur en Sciences infirmières au Collège Boréal de Sudbury. Il a complété en 1990 un diplôme de 2^e cycle en études interdisciplinaires sur la mort (soins palliatifs) et, en 1991, une maîtrise en Sciences infirmières où il a travaillé avec des hommes et des femmes atteints du VIH / SIDA à Montréal. En 2003, il fut le premier homme à être diplômé du programme de doctorat (PhD) en nursing à l'Université d'Alberta à Edmonton. Il fut le 7^e homme et la 230^e personne à obtenir un tel type de doctorat au Canada.

Le Dr. Gauthier enseigne les soins infirmiers tant la théorie que la pratique clinique dans le nord de l'Ontario depuis septembre 1982. En juin 2005, il a reçu le premier prix d'excellence en communication (marketing) du Collège Boréal. Également, la revue des Infirmières du Canada a fait son profil dans son numéro de juillet 2005.

Il est président de l'*Association des infirmières et infirmiers francophones de l'Ontario* appelé GIIFO. Il est directeur des finances de l'*Association des infirmières et infirmiers spécialistes de l'Ontario* (CNSIG). Il a siégé au conseil provincial de l'*Association des infirmières et infirmiers autorisés de l'Ontario* (RNAO) qui a plus de 25 000 membres en Ontario pour deux mandats consécutifs. Il participe aux rencontres de travail sur la collaboration interdisciplinaire en santé parrainé par le Ministère des Collège et Université et le Ministère de la santé de l'Ontario. Il continue de siéger à de nombreux comités tant local, provincial que national. Il est un conférencier prolifique tant en français qu'en anglais. Il a fait depuis 3 ans plus de 90 entrevues avec les médias.

À titre de chercheur, le Dr. Gauthier a fait une étude qualitative exploratoire descriptive avec les infirmières travaillant avec les clients en consultations externes en oncologie. Il parlera de ses expériences et comment elles peuvent contribuer à l'amélioration de notre situation comme francophone.

DOROTHY GOLDIN ROSENBERG

Dorothy Goldin Rosenberg holds a Masters in Environmental Studies (York University) and a PhD (University of Toronto). An education and film consultant, she researches, writes and speaks on environmental health, equality, social, economic and environmental justice, peace and energy issues. She has worked with the National Film Board, schoolboards, non-governmental organizations, health professional and policy groups on these issues. She was principle research consultant and associate producer of the documentary video, **Exposure: Environmental Links to Breast Cancer** and researcher/writer of the accompanying guidebook called **Taking Action for a Healthy Future**. She has led numerous trainers' workshops using these materials as educational tools.

Volunteer Education Coordinator of the Women's Healthy Environments Network (WHEN), she teaches a theory and policy course called Environmental Health, Transformative Higher Education and Policy Change: Feminist Approaches to Social and Ecosystem Healing at OISE/UT. She was director of *Les femmes s'en melent: Making a World of Difference: A Directory of Women in Canada Specializing in Global Issues* (development, environment, peace and related social justice and economic issues); was the Development and Disarmament Coordinator of the Canadian Council for International Cooperation (1986-88); is affiliated with: WHEN, the Breast Cancer Prevention Coalition, the Voice of Women for Peace, the Cancer Prevention Group of the Centre for Health Promotion, University of Toronto; the 9th International Women and Health Meeting, the Canadian Association of Physicians for the Environment, Physicians for Global Survival, National Network on Environments and Women's Health, Centre of Excellence (NNEWH), York University (2000-04), Canadian Association for the Study of Adult Education. She is co-editor (with George Dei and Budd Hall) of *Indigenous Knowledge: Multiple Readings of Our World*, University of Toronto Press (2000).

Her awards include: the Commemorative Medal for the 125th Anniversary of the Confederation of Canada, a Governor General of Canada Award; the United Nations Environmental Program Award (UNEP) for Environmental Stewardship and the Canadian Auto Workers (CAW) Award for Cancer Prevention.

She is currently researching and producing a documentary on children's health and the environment. She is mother of Pamela Rosenberg Vennin and Matthew Jay Rosenberg and grandmother of Rosie Annabelle, Sydney Helena and Magali Elianne Vennin most important of all!

MELANIE GUERTIN

À suivre

ELAINE HAMPSON

Elaine Hampson. R.N., BSc.N is a Public Health Nurse with York Region Health Services. She is a member of the PHA for LGBTTIQQ Equity and, in that role, is co-author of four papers on the health needs of Lesbian, Gay, Bisexual and Trans individuals. One of the papers, "Improving the Access and Quality of Public Health Services for Bisexuals" was published in the *Journal of Bisexuality* (Vol.5, Number1, 2005). All the papers are available at opha.on.ca. As well as facilitating the York Region Rainbow Youth Support group and doing presentations for York Region, she has presented at the Guelph Conference on Sexuality, the National Rainbow Health Conference, the Ontario Association of School Counsellors and others. She brings a passion for this work and hopes many allies will feel empowered as a result of this workshop.

DAVE HOLMES

Professeur Holmes est détenteur d'un doctorat en sciences infirmières de l'Université de Montréal. Il est actuellement professeur agrégé à l'École des sciences infirmières de l'Université d'Ottawa et infirmier-chercheur au Centre de recherche de l'hôpital Douglas (Montréal) ainsi qu'à l'Institut de recherche en santé mentale de l'Université d'Ottawa – programme de psychiatrie légale (Royal Ottawa Hospital). Pendant plusieurs années, il a exercé comme clinicien en milieu de psychiatrie légale (hospitaliers et communautaires) ainsi que dans le domaine de la santé publique. Ses intérêts de recherche portent principalement sur la question des rapports de pouvoir entre le personnel infirmier et les clientèles vulnérables et marginalisées. Il s'intéresse par ailleurs aux dispositifs de contrôle utilisés ou déployés par le personnel infirmier. La plupart de ses travaux, commentaires, essais, analyses et recherches reposent sur une perspective poststructuraliste. Professeur Holmes a publié plus de 60 articles scientifiques, 6 chapitres de livres et présenté à de nombreuses conférences nationales et internationales. Il a été professeur invité en Australie (2006) et aux États-Unis (1999).

SUZANNE JACKSON

Suzanne Jackson is the Director of the Centre for Health Promotion at the University of Toronto. She has conducted research in community capacity indicators, economic evaluation in health promotion, empowerment indicators, indicators of health promotion for international use, and community systems. She specializes in participatory planning, research and evaluation consultations with grassroots community groups and community health organizations. Suzanne has worked in health promotion research for almost ten years in Canada and internationally and she has eleven years accumulated experience working in the public sector for the Ontario Ministry of Health and the Toronto Department of Public Health. Suzanne received her PhD from the School of Urban and Regional Planning at the University of Waterloo. She has been President of the Ontario Public Health Association, vice-president of the Canadian Public Health Association and chair of the Board of Directors of ICA Canada (a community development and facilitated group decision-making organization). She has been invited to speak on health promotion topics in various parts of Canada, USA, Jakarta, Australia, Mexico, Colombia, Germany, and Brazil.

En français:

Suzanne Jackson est directrice du Centre for Health Promotion de l'Université de Toronto. M^{me} Jackson a fait des recherches sur divers indicateurs (capacité communautaire, autonomisation et promotion de la santé) en vue de leur utilisation à l'échelle internationale. Elle a également fait des recherches sur les systèmes communautaires et sur l'évaluation économique de la promotion de la santé. Elle se spécialise dans la planification participative et les consultations d'évaluation et de recherches auprès de groupes communautaires et d'organismes de santé communautaire opérant à l'échelle locale. M^{me} Jackson travaille dans le domaine de la recherche en promotion de la santé depuis près de 13 ans tant au Canada que sur la scène internationale. Elle cumule également 12 années d'expérience dans le secteur public pour le ministère de la Santé de l'Ontario et le service de santé publique de Toronto. Elle a obtenu son doctorat de l'école de la planification urbaine et régionale (School of Urban and Regional Planning) de l'Université de Waterloo. Elle a été présidente de l'Association pour la santé publique de l'Ontario, vice-présidente de l'Association canadienne

de santé publique, et présidente du conseil d'administration d'ICA Canada (un organisme de facilitation du développement communautaire). M^{me} Jackson a été invitée à parler de la promotion de la santé dans diverses régions du Canada, aux États-Unis, à Jakarta, en Australie, au Mexique, en Colombie, en Allemagne, à Taïwan, au Chili et au Brésil.

RON KANUTSKI

Ron Kanutski has dedicated 17 years to the human services field, working in Canada and the United States of America in the provinces and states of Ontario, Manitoba, Wisconsin, Michigan, Minnesota and Illinois.

Ron has delivered a wide variety of mental health, addiction and culturally based seminars, workshops and services to Aboriginal and Non-Native children, youth and adults residing in urban, rural, and remote communities.

Ron Kanutski brings a lifetime of instruction and training from numerous Ojibway, Oji-Cree and Cree elders, healers, drum keepers, pipe carriers, lodge keepers, storytellers and medicine people to his work. These experiences strengthen his abilities as a teacher, counsellor, husband, father, helper and friend.

Ron believes that his gift is his natural ability to blend traditional Ojibway healing methods and ceremonies shared by the elders with mainstream healing modalities. This combination provides unique learning opportunities and healing experiences for groups and individuals.



MARIANNE KOBUS-MATTHEWS

Marianne Kobus-Matthews: As a Senior Health Promotion Consultant at the Centre for Addiction and Mental Health (CAMH), Marianne Kobus-Matthews works with external partners & CAMH colleagues to ensure the strategic direction to enhance health promotion is carried out. Marianne provides training to a range of professionals, and assists in the development of resources to support communities in their prevention, health promotion and harm reduction efforts.

Marianne coordinates the provincial campaign on the Low-Risk Drinking Guidelines and represents CAMH on various provincial and national committees, networks and alliances focused on health promotion and mental health promotion, healthy public policy, and chronic disease and injury prevention. Marianne is the project lead for Culture Counts: Best Practices In Community Education in Addiction and Mental Health with Ethnocultural Communities, and the CAMH lead on the development of *"Mental Health Promotion Best Practice Guidelines for Children and*

Youth", a resource that provides health and social service practitioners with current evidence-based approaches in the application of mental health promotion concepts and principles.

GILLIAN KRANIAS

Gillian Kranias has worked for 20 years as an adult educator and facilitator of diverse community-based initiatives in Toronto and internationally. She currently co-coordinates the Ontario Self-Help Network Program at the Self-Help Resource Centre. In this position, Gillian supports the development of both local and regional self-help/peer support initiatives through consultations, networking support, training workshops and resource materials.

SUSAN LALONDE RANKIN

Susan Lalonde Rankin has a Bachelor of Science in Nursing, as well as a Master's of Health Science in Health Promotion both from the University of Toronto. She has been working in the field of addiction and mental health for the past 12 years. She also worked in public health as well as in policy analysis with the Ministry of Health. Susan excels at building networks, program planning, evaluation and creating innovative solutions. She has been involved in all phases of the Strengthening Families project from product adaptation, evaluation research, training and implementation.

KINSEY LEWIS

Kinsey Lewis has over 25 years experience working with at-risk youth. For the past 7 years, she has been a mental health counselor at Shout Clinic, which provides increased access to health care services for homeless and street-involved youth under 25.

Her previous experience includes providing individual therapy and case management services to homeless and street-involved youth, providing therapeutic support to youth in specialized foster placements, and supervising residential services in a children's mental health facility.

JOEL LEXCHIN

Joel Lexchin received his MD from the University of Toronto and for the past 19 years has been an emergency physician at The University Health Network. He is currently a Professor in the School of Health Policy and Management at York University. He has been a consultant on pharmaceutical issues for the province of Ontario, various arms of the Canadian federal government, the World Health Organization, the government of New Zealand and the Australian National Prescribing Service. He is the author or co-author of over 70 peer-reviewed articles on topics such as physician prescribing behaviour, pharmaceutical patent issues, and the drug approval process and prescription drug promotion.

JAN Kahehti:io LONGBOAT

Jan Kahehti:io Longboat (Elder, Traditional Teacher, Herbalist, Traditional Counsellor Earth Healing Herb Farm and Retreat) is the mother of three daughters, one son and ten grandchildren. She is the keeper of Earth Healing Herb Gardens and Retreat Centre at Six Nations.

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During her life she has experienced the many losses of our values, culture, language and traditional healing arts and medicines. For most of her life, Jan has worked in education and the healing arts to bring back what she has experienced in loss.

She has focused on the `power of the Good Mind` to bring about well-being in her life and now teaches in her community and in learning institutions around the country.

Jan Kahehti:io believes our ancestors have left us a great legacy of knowledge in how to have `good well-being`. Our responsibility is to go back and pick up the pieces that we have left along our journey of 500 years.

Jan Kahehti:io presently services First Nation communities in Indigenous practices of Healing and Well-being.

BRENDA MACINTYRE - Spirit Wind Aboriginal Women's Hand Drum

Brenda's musical career began after the death of her parents in 1985, when she moved to Toronto for a new beginning. When Brenda unleashed her latent gifts of rhythm and rhyme, she soon earned a reputation as sweet, sultry and no-nonsense tough rap and reggae artist Special Ice.

Florida's Moods International Records released Brenda a.k.a. Special Ice's first hit single Non Stopping Hip Hopping in 1985, charted as a hot new item with high rotation on North Miamis Top 40 station WPOW 96FM.

Later in Toronto The Parachute Club's Billy Bryans produced Brenda MacIntyres 2nd single Rock A Talk, featuring Charles Sinclair (Odel, Messenjah) on bass. The reggae single appeared on the Juno Award winning CD The Gathering, released by Attic Records at the Opera House in 1991.

Fueled with determination, Brenda left an abusive relationship and began her journey as a single mother who would transform a difficult existence of poverty and anger into a springboard for success... and a search for her true identity.

In 1995, Brenda MacIntyre picked up her first Aboriginal hand drum, leading to her reconnection with the Aboriginal community at York University, where she got her BA Honours, Summa Cum Laude.

From 1999 to 2005, Brenda led Spirit Wind Aboriginal Women's Hand Drum to success, co-producing 3 CDs and writing 13 of the songs on Awakening, which debuted at No. 1 in World/Folk on New Brunswicks CFMH and No. 5 on CFBX in Kamloops, BC.

Brenda MacIntyre has performed at The Opera House, The Air Canada Centre, The Phoenix Concert Theatre, Ontario Place and Harbourfront's DuMaurier Centre, as well as folk festivals across Ontario. She has spoken and performed in front of thousands, her audiences ranging from Aboriginal communities to business teams to universities to health professionals.

Brendas latest solo studio CD is **7 Keys to Spirit Connection**.

Brenda MacIntyre can lend a uniquely inspiring and lasting impact to any event through musical performances, traditional Aboriginal openings to crystallize intent, team building interactive seminars, lunchnlearns and motivation infused closings. She brings on an authentic performance that leaves her audiences feeling energized and wanting more.

JILL McDOWELL

Jill joined Toronto Public Health in August 2000 as a Health Promotion Consultant in the Environmental Protection Office (EPO). She is currently managing the department's social marketing campaign entitled 20/20 The Way to Clean Air, which aims to encourage residents to reduce energy and vehicle use to help improve air quality in the Greater Toronto Area. She is also involved in the EPO's sub-program on children's environmental health with respect to education and community outreach. Prior to joining Toronto Public Health, Jill worked for Pollution Probe for five years. She started at Probe as the Co-ordinator of its annual Clean Air Campaign and then moved into co-ordinating its Child Health Programme. Jill was instrumental in developing and launching Pollution Probe's Healthy Schools Project on indoor air quality and children's health. Jill has degree in Environmental Studies from the University of Toronto.

MARY MARTIN-ROWE

Mary Martin Rowe is a health promotion consultant at the Ontario Prevention Clearinghouse. Her work focuses on the formation of community coalitions and making collaboration work in the fields of health promotion and prevention. She has been involved in the field of mental health, in various capacities, for over 30 years. She has been a trainer in the areas of collaboration, community mobilization, resource networking creating healthy organizations, group formation and volunteer development.

TED MAVOR

Ted Mavor is the Coordinator of Health Promotion and the Professional Leader, Social Work at the Grand River Hospital. In addition to an affiliation with both the University of Toronto's Centre for Health Promotion and the University of Waterloo's Centre for Applied Health Research, Ted has been a key organizer of Ontario Hospital Association's Annual Convention and Exhibition's first two hospital health promotion sections. Ted coordinates two health promotional newsletters (national and international) which he initiated and has written two books on hospital health promotion for the Canadian Healthcare Association. Ted provides public speaking sessions, and chairs at national and WHO international conferences on health promotion hospitals. He is also the Canadian representative to the World Health Organization's International Network of Health Promoting Hospitals.

PETER MENZIES

Dr. Menzies is the Clinical Head Manager for the Aboriginal Services, Centre for Addiction and Mental Health in Toronto. He has over 20 years experience in the field of social work in such areas as child welfare, income maintenance, homelessness, addiction and mental health. Peter is a member of Sagamok Anishnawbek First Nation, and sits on the Toronto Aboriginal Community Council, as well as various community boards. Peter has completed his Ph. D. at the University of Toronto - Aboriginal Studies. Peter teaches at the Toronto Hostel Training Centre, and has lectured at Laurentian University, Ryerson University and the University of Toronto. His research interests include Aboriginal homelessness, intergenerational trauma, child welfare, addiction and mental health. He has published numerous articles regarding Aboriginal health issues, and is a member of the Ontario College of Social Workers and Social Service Workers.

BONNIE PAPE

Bonnie Pape, an independent consultant, has recently completed a nineteen-year tenure at the Canadian Mental Health Association, National Office, including fifteen years as Director of Programs and Research. Her past and current leadership with national projects addresses many issues related to mental health promotion. These include:

- a mental health promotion tool kit and train the trainer guide
- resource materials on community inclusion and promotion of mental health for people with mental illness
- guides for promoting the mental health of seniors through home care
- research and training on mental health promotion in child care
- a multi-organizational initiative on the determinants of health as mental health policy issues.

Bonnie's focus on mental health promotion is characterized by a particular interest in self-help approaches and other resources that exist outside the formal mental health system. She has written numerous documents on these topics for CMHA, and has spoken widely, nationally and internationally.

RITA PIAZZA

Rita Piazza (Certified Yoga Instructor) teaches Hatha Yoga inspired by Vanda Scaravelli. As well she has a background in Iyengar and Kripalu yoga. Rita has been practicing yoga for over 20 years, and as a certified Yoga teacher she has been teaching yoga since 1996. She has studied meditation, Yoga Nidra, Imagery work, Chi Qong, Dance, and other healing modalities. She has a certificate in Shiatsu Therapy and Therapeutic Touch.

SHARLENE PITTS

Sharlene Pitts, an Ojibwe from the Wikwemikong Unceded Indian Reserve, is an active young woman who has been instrumental in the development of a cancer education video for Aboriginals at the Northeastern Ontario Regional Cancer Centre, as well as a diabetes research project in Wikwemikong, funded by the Northern Ontario School of Medicine. She has volunteered numerous hours within the Aboriginal community of Sudbury, mostly with Laurentian University's Native Student Association as Vice-President and Health Programs Coordinator.

Living in Wikwemikong most of her life, **Sharlene** has grown to have a passion for the health of Aboriginal Peoples. She graduated from the Wasse-Abin Wikwemikong High School and quickly stepped into University life. Amongst all of her accomplishments, there were also many barriers to overcome while achieving success.

MARY QUARTERONE

Mary Quarterone is the Project Consultant for Peel from GTA Regional Services within CAMH's Policy, Education and Health Promotion (PEHP) department. She contributes to knowledge exchange and capacity building in Peel region through consulting, education and systems development around mental health, addictions, concurrent disorders, diversity and health promotion. Prior to joining CAMH/ARF in 1994, she held positions within public health and the

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non-profit sector as a director of health promotion and education, an executive director and a communications consultant.

Mary has initiated and managed a variety of health promotion projects, including Vibrant Action Looking Into Depression in Today's Young♀ (VALIDITY♀), In the Driver's Seat and Headstart to Active Living. She holds a BA in Journalism and is an avid lifelong learner with hundreds of hours of training in addictions and mental health, diversity, health promotion, adult education and leadership. Her interests include improving access to health care for diverse and marginalized groups, girl/women's issues and working to improve health outcomes for families at risk through prevention and health promotion.

CAROLINE RECOLLET

Caroline Recollet has her Masters in Environmental Studies with a focus on aboriginal/non-aboriginal relations. She has been an NCBI- Sudbury Chapter member since May 2003 and has lead a number of workshops in the City of Sudbury. Caroline is a member of Wahnapeitea First Nation. She has over 30 years experience working with aboriginal children, youth and families in Ontario and Alberta.

MELITA RICHARDSON

Melita was born and raised in New Brunswick. She is a bilingual Francophone. Melita has obtained a bachelor degree in teaching Fine Arts from the Université de Moncton. For several years, she was the youth artist representative of many galleries, centres and artistic organisations at the provincial level. In 1999, she left New Brunswick to begin her teaching career and continue her education. She worked in Newfoundland, studies French Literature in Belgium and is now teaching Visual Art in Ontario in the Niagara Region. She also offers art therapy services for individuals, groups and families. In her second language (English) Melita have completed two year training in art therapy at the Toronto Art Therapy Institute. Her thesis research will be available in August 2007.

CINDY ROSE

Cindy Rose is an RN and graduate of Ryerson University. She has been a Public Health Nurse at Toronto Public Health for fourteen years. The last 9 years she has specialized in community mental health. In the summer of 2006 she began working on a special project looking at the issue of vicarious trauma amongst healthy families staff of Toronto Public Health.

ANDRÉE RUFFO

Andrée Ruffo a consacré sa vie aux enfants. Formée en arts, pédagogie, éducation des adultes et droit, avocate puis juge, fondatrice du Bureau international des droits des enfants (BIDE) et marraine de Magiciens sans frontières, elle a œuvré depuis trente ans auprès d'enfants à protéger. Conférencière recherchée au niveau international, écrivaine, elle a publié neuf livres, plus de cinquante articles spécialisés et collaboré à de très nombreux ouvrages. Poète et artiste-peintre, Andrée Ruffo, courageuse et intègre, nous parle encore de l'indifférence et de l'irresponsabilité des adultes qui s'arrogent le droit de promettre un monde meilleur aux enfants qu'ils n'ont de cesse de trahir.

MARTIN SHAIN

Dr. Martin Shain is Founder and Principal of the newly formed Neighbour at Work Centre, dedicated to the promotion of fairness and reasonableness in employment and other contractual working relationships. The Centre undertakes research, evaluation, policy and program development, education and training activities. <http://www.neighbouratwork.com/>.

Martin is also cross-appointed with the Department of Public Health Sciences in the Faculty of Medicine at the University of Toronto. His background includes a Doctorate in Law and a Diploma in Criminology. His interests have been focused for the last twenty years on ways of modifying the organization and design of working and learning environments to make them both more health promoting and effective. Currently he is working on policy, research, and development and evaluation projects with, among others, the IAPA, Health Canada and a number of other federal government departments, The Canadian Safe School Network, The Toronto Transit Commission, the Department of National Defence, the Ontario Physical Health Education Association and the Toronto Police Service. He writes and speaks extensively on the subject of health, productivity and social capital.

DR. BARRY STANLEY

Dr. Barry Stanley currently devotes his time and expertise between his private practice in Burlington, Ontario and De dwa da dehs nye>s Aboriginal Health Centre in Hamilton. His commitment and dedication to his profession has spanned over four decades and his tireless efforts to undertake the scope of issues that surround FASD (Fetal Alcohol Spectrum Disorder) stem from his personal journey with his son, who suffers from ARND (Alcohol Related Neurodevelopmental Disorder). He is professionally affiliated with numerous organizations/committee's that are dedicated to the education and increased awareness of FASD and has provided several related presentations to members of both the professional and non-professional sectors. Eventually, Dr. Stanley would like to confine his practice to the treatment of individuals who suffer with FASD and the families and communities that support them. He resides with his wife, May Stanley, in Oakville, Ontario.

ANDREA STEVENS LAVIGNE

Andrea Stevens Lavigne holds a Masters in Business Administration from the University of Toronto and is a fellow with the Centre for Health Promotion at the University of Toronto. Previously, she worked at the Centre for Addiction and Mental Health, formerly the Addiction Research Foundation for twenty-five years. Her most recent position was Director, Health Promotion and Knowledge Exchange Program Development with responsibilities for the development, implementation and evaluation of health promotion and prevention projects at the provincial and national levels. Several of these initiatives addressed mental health promotion, including the development of a toolkit for professionals outlining effective mental health promotion programs, and a project aimed at integrating health promotion into clinical care settings through the provision of consultation, training and resource materials. In 2005, Ms Stevens Lavigne co-chaired a successful international Summer Institute with the Centre for Health Promotion at the University of Toronto, focusing on mental health promotion concepts, theories and practices. As a result of this work, she developed a 5-day course in mental health promotion in collaboration with the Centre for Health Promotion, which was delivered to health care professionals in Chile in 2006. She is also actively involved in the planning for a second international symposium, "No Health without Mental Health: Community Approaches to Mental Health Promotion", to be held in June 2007 in conjunction with the IUHPE Conference in Vancouver, Canada

LOREN VANDERLINDEN

Dr. Loren Vanderlinden is an Environmental Assessment and Policy Supervisor at Toronto Public Health. She comes from a broad background in social and health sciences. She received a doctorate in medical anthropology from the University of Toronto, and postdoctoral training in environmental health at the McMaster Institute of Environment and Health. She has taught courses in human population biology and environmental health at the University of Toronto. Dr. Vanderlinden has done applied environmental health research with academic, health and environmental institutions for over a decade. Her work at Toronto Public Health's Environmental Protection Office has focussed on children's environmental health and the health effects of pesticides.

ELIZABETH VOTTA

Dr. Elizabeth Votta holds the position of Program Lead, Reports and Analysis with the Canadian Population Health Initiative (CPHI) of the Canadian Institute for Health Information (CIHI). Dr. Votta holds a PhD in Psychology, which she obtained from Carleton University in 2001. Her dissertation explored the impact of coping style, negative life events, self-esteem and social support on the psychological adjustment of homeless adolescent males. She has since replicated this work with homeless adolescent females. Prior to taking on her position at the CIHI, Dr. Votta held two postdoctoral fellowships during which she pursued her research interests in the fields of injury prevention, health disparities, and youth homelessness.

In her position as Program Lead, Dr. Votta is the Project Manager for the production of CPHI's *Improving the Health of Canadians* Reports. These reports examine what we know about factors that affect the health of Canadians, ways to improve our health and relevant options for evidence-based policy choices. CPHI's 2005-2006 report series included *Improving the Health of Young Canadians* (released October 2005); *Promoting Healthy Weights* (released February 2006); and *An Introduction to Health in Urban Places* (released November 2006).

CPHI's theme areas for 2007-2010 are mental health and resilience, place and health (built environment), reducing gaps in health, and healthy weights. CPHI's 2007 *Improving the Health of Canadians* report series will focus on the first theme.

SUZANNE WITT-FOLEY

Suzanne Witt-Foley has been a Project Consultant with the Centre for Addiction and Mental Health for 12 years. She provides health promotion and prevention consultation within Muskoka/Parry Sound.

Suzanne has been involved with Strengthening Families program for over 6 years. She has worked with a variety of community partners in the local implementation, as well as participated provincially in the final development, launch and dissemination of the program.